

Parent Resources

Websites

Sticky Faith: stickyfaith.org/parents

If you're a parent of kids of any age, you've probably wondered a lot about your children's faith. How is their faith shaping their life? What will happen to their faith when they leave home? Through research-based insights and stories from other parents walking the same road as you, Sticky Faith provides ideas you can use today and in the years to come to help build Sticky Faith in your kids. You can follow StickyFaith on [twitter](#).

Real World Parents Daily Prayer: realworldparents.com/pray

Real World Parents Daily Prayer provides suggested prayers for your child every day, mostly as an encouragement and reminder to pray for them on a regular basis. You can receive these daily prayers through email or by following Real World Parents on [twitter](#).

Center for Parent/Youth Understanding: cpyu.org

The Center for Parent/Youth Understanding is a nonprofit organization committed to building strong families by serving to bridge the cultural-generational gap between parents and teenagers. It has great information on current trends in youth culture. You can follow CPYU on [facebook](#) and [twitter](#).

Sexual Integrity Initiative: sexualintegrityinitiative.com

The Sexual Integrity Initiative website offers research, news, media, fact sheets and other resources for those seeking to understand and talk about healthy biblical sexuality with children, teens, and young adults. The Sexual Integrity Initiative is not an effort to communicate a list of restrictions and "don'ts." Rather, it is an effort to help parents, youth workers, and others proclaim true sexual freedom by explaining the full and wonderful breadth of what it means to experience and indulge one's sexuality within the parameters of God's grand design as the Creator of sex and sexuality!

Digital Kids Initiative: digitalkidsinitiative.com

The Digital Kids Initiative website offers research, news, handouts, fact sheets and other resources for parents, youth workers and educators that help them understand the emerging world of media technologies and messages, how media is influencing and shaping their kids and biblically faithful response strategies. You can follow Digital Kids Initiative on [twitter](#).

Plugged In: pluggedin.com

Plugged In, a ministry of Focus on the Family, reviews popular media like movies, videos, TV shows, songs, and games from a Christian perspective. Along with media reviews, Plugged In offers a weekly eNewsletter, blogs, podcasts, and ideas for family movie nights. Connect with Plugged In through [facebook](#), [twitter](#), or their [mobile apps](#) (for iPhones and Androids).

College Transition Initiative: collegetransitioninitiative.com

College Transition Initiative provides resources for students, parents, church leaders and educators to help students be more spiritually prepared for college. Resources include seminars, books, articles, expert interviews, conferences and events, and a regularly updated blog. The resources challenge students, parents and youth workers to have more meaningful conversations about life after high school. You can follow College Transition Initiative on [facebook](#) and [twitter](#).

Books

Sticky Faith

This is an easy-to-read guide for parents based on research done by the Fuller Youth Institute (FYI). Realizing that 40-50% of graduating high school seniors struggle with their faith, FYI conducted research to identify the relationships and best practices that can encourage lifelong faith in teenagers. This book gives strategies, as well as the reasons behind them, that parents can use to encourage their teenager's spiritual growth. This book encourages parents that it is never too late (or too early!) to build Sticky Faith. Buy it on [Amazon](#).

The Sticky Faith Guide for Your Family

This book is a collection of practical ideas parents can use within their families to encourage lifelong "Sticky Faith." A follow up to the previous book, it contains over 100 ideas that have been used by real families. Buy it on [Amazon](#).

DVD Library (can be borrowed from Zion)

Strength for the Courageous Journey of Parenting Teens (from the American Association of Christian Counselors)

Emotional Safety: Raising Kids Who Live, Love and Lead (from the American Association of Christian Counselors)

Kids and Social Media: Insights and Best Practices for Parents and Youth Workers (from CPYU)

Wired: Raising Kids in a Technology Driven World (from the American Association of Christian Counselors)

Raising Up Youth Who Believe in Sexual Integrity (from CPYU)

Pornography and Your Kids: What You Need to Know and What You Need to Do (from CPYU)

Senior Night: Preparing for the Next Chapter of Your Life Story (from CPYU)