

Camp Zion 500



Revvin' Up For Summer!

PARENT INFORMATION

Zion Lutheran Church & School

6121 East Lovers Lane, Dallas, TX 75214

214-363-1630 · www.ziondallas.org

Priscilla Scrimshire, Camp Coordinator: 214-538-9375

CAMP ZION PARENT INFORMATION

Program Objectives

Zion's Camp Zion program provides a nurturing, hands-on environment to foster healthy development in all aspects of growth, including the spiritual, physical, emotional, social, intellectual, and creative domains. The programs are based on age-appropriate activities in conjunction with the individual needs of each child.

Since play is the primary vehicle for learning in young children, child-initiated, child-directed, and teacher-supported play is the focus in our program. Children are encouraged to actively explore their environment and interact with adults, peers, and materials. Parents are encouraged and invited to participate in their children's education, so as to provide a sense of consistency and security for their children, as well as to build open bridges of communication between families and teachers.

Above all, Camp Zion provides a loving environment for all children to see themselves as the reconciled, redeemed children of God. We are guided by God's Law and comforted by the Gospel. Expressing our joy in new life in Christ, we worship Jesus with the certain hope of eternal life!

Drop off / Pick Up

Camp Zion is open from 7:00am to 6:00pm for children age 2 through finishing Kindergarten (2015-16 school year). When dropping off and picking up your child, park in the west parking lot and enter through the circle drive. Do not park in the circle drive, as this is a fire lane.

Children must be picked up no later than 6:00pm.

Late pick-ups will result in a late fee of \$5.00 for the first 10 minutes and \$1.00 each subsequent minute. This policy is strictly enforced and a cash payment will be collected upon arrival.

Tuition

Tuition for Camp Zion is \$45 per day. You may pick and choose the weeks you would like your child to attend. Tuition is paid on a monthly basis.

June tuition is due June 1.

July tuition is due July 1.

Payments not received in a timely manner may result in your child losing their spot.

The application deadline is April 28. A \$100 enrollment fee is due at that time. After April 28, a \$25 fee is accessed. **Acceptance is subject to availability.**

Please remember that Camp Zion is **CLOSED** on the following day:

July 4

Independence Day Holiday



Proper Dress

We recommend that children wear durable, comfortable clothing, manageable by the child, and suitable for indoor and outdoor play. Such play includes climbing, sand, gravel, painting, cooking, and water activities. Outdoor play is an important part of every day (weather permitting) and children should dress accordingly.

All children should bring a change of clothing (including socks) in a large labeled zip-lock bag, which will be kept at the school for emergencies. Please label all clothing with your child's name.

Children in diapers should wear clothing that allows for easy access for changing.

Children who are toilet training should wear clothes that encourage independent toileting, such as elastic waists. Overalls are not helpful at this stage, unless your child can manage them alone. No belts, please.

Shoes should be flexible and have a good grip on the sole. Sneakers are best for school, and Velcro sneakers are even better! Cowboy boots are not safe and are not allowed. Our playground is covered in wood bark chips, which makes sandals and flip-flops very uncomfortable.



A swimming suit and towel (labeled with your child's name) are needed on days when there is Splash Day.

We go outside every day unless it is raining. Be sure to dress your child adequately for the weather and scheduled activities. Never assume that we will not be going outside. This is Texas and the weather changes quickly. Be prepared!

Zion uses a non-toxic mosquito treatment service to maintain the outdoor play areas. If your child is sensitive to mosquito bites, please consider dressing them accordingly. If you would like your child to wear mosquito repellent, this will need to be applied at home by a parent.



Health

Children must not attend Camp Zion when they are ill. Please use the following list to know when your child is not fit to come to class:

Fever (100.0 or higher)
Skin infections (impetigo)
Diarrhea
Conjunctivitis (pink eye)
Vomiting
Sore throat
Serious cough
Very runny nose
Behavior changes
Head lice (no nits or live bugs)



Your child must be free of any of these symptoms for **at least 24 hours without the help of medication** before attending class. Please be considerate of your child, other children, and the staff.

PLEASE KEEP SICK CHILDREN AT HOME!

Should your child become ill at school you will be called to pick up the child. It is VERY important that we have correct and up-to-date phone numbers on hand so you can be reached in case of emergency.

You will be notified in writing if your child has been exposed to any communicable disease or head lice. In return, we expect you to inform us if your child has head lice or a communicable disease.

Medication

No medication will be administered to a child without written instructions from a parent/guardian. Please fill out a medication request form (available in the school office) and give the medication to your child's teacher. All medication must be in its original container. Non-prescription medication will be administered according to the manufacturer's instructions unless a physician provides written instructions.

Do not send medication in your child's lunch box or backpack.

Personal Belongings

Each child has his/her own cubby. This is used to keep jackets, backpacks, lunches, nap items, etc. Toys and items of value should remain at home. We cannot assume responsibility for materials brought from home. Personal items brought from home that relate to units of study should be labeled so they can be returned.

Nutrition / Food Allergies

Since parents provide the child's meals and/or snacks from home, parents must understand that Camp Zion is not responsible for the nutritional value of the child's daily food needs. Because a variety of foods are used, it is important that the school be given written notification of any food allergies a child might have. Zion is not a nut-free campus.

Lunch

All children must bring lunches from home.

Lunches should be appropriate to the child's age. Small portions of fresh fruits and vegetables, low-fat foods, and water are recommended. It is important to make foods interesting to children by considering color and



texture. High fat content foods and packaged foods containing a lot of sugar are discouraged.

Please send a no-spill cup (labeled with your child's name on top) for water to be used throughout the day. These cups will be available to the children at all times. It is helpful to the child if you use the same cup every time they come to school so they learn to recognize it among the others. If you intend to send a juice box in addition to the child's water bottle, please make sure your child can handle it neatly.

Snacks

Camp Zion provides healthy morning and afternoon snacks which meet the requirements of the Texas Department of Public Services. Again, because a variety of foods are used, it is important that the school be given written notification of any food allergies a child might have. Zion is not a nut-free campus.

Naptime

Children are expected to nap or rest quietly after lunch. Children sleep/rest on cots and should bring a blanket or nap mat (no sleeping bags, please). Each child is assigned a cot and is expected to quietly remain there during rest time. A small blanket and/or stuffed animal may be brought for rest time. These items are stored on the child's cot and are sent home for laundering on Fridays. Rest time follows lunch and varies in length according to the individual needs of the child.

Birthdays

We will be happy to help celebrate your child's birthday! You may send a special snack and paper goods if you like. Please keep it simple and appropriate to the children's ages. Please send the same snack for all the children. We are happy to pass out party invitations if ALL children in the class are included. Otherwise, please mail them.

Splash Day

Splash Days will occur on Monday and Thursday mornings, weather permitting. Please send your child dressed in their swimsuits (and swim diapers if necessary). Each child will need sunscreen applied at home prior to their arrival as Texas State Licensing no longer allows school staff to apply sunscreen on children. Also, please send a towel labeled with their name.

Chapel

Chapel for children in Camp Zion is conducted every Wednesday morning. Parents are always welcome to attend!

On Campus Weekly Events

We will have several exciting performers/exhibits coming on campus for our campers. Please check the calendar on the back of the Camp Zion Application for a tentative schedule of events.

Visitation

Camp Zion has an open door policy. All parents of children enrolled in the program are welcome to visit. Some visits require coordination with the child's teacher. Guests, other than parents, must

prearrange visits through the classroom teacher. All visitors must check in at the school office.

Discipline

Focusing on a Christ-centered approach, methods of discipline center on communication, stressing positive behavior, verbalization, redirection, or possible removal of the child from a negative situation. Physical punishment is not used. No child is shamed or humiliated, left unsupervised, shouted at, or denied food for inappropriate behavior. No child is punished for lapses in toilet training.

- ◆ Discipline must be:
 - (1) Individualized and consistent for each child;
 - (2) Appropriate to the child's level of understanding; and
 - (3) Directed toward teaching the child acceptable behavior and self-control.

- ◆ A caregiver may only use positive methods of discipline and guidance that encourage self-esteem, self-control, and self-direction, which include at least the following:
 - (1) Using praise and encouragement of good behavior instead of focusing only upon unacceptable behavior;
 - (2) Reminding a child of behavior expectations daily by using clear, positive statements;
 - (3) Redirecting behavior using positive statements; and
 - (4) Using brief supervised separation or time out

from the group, when appropriate for the child's age and development, which is limited to no more than one minute per year of the child's age.

◆ There must be no harsh, cruel, or unusual treatment of any child. The following types of discipline and guidance are prohibited:

- (1) Corporal punishment or threats of corporal punishment;
- (2) Punishment associated with food, naps, or toilet training;
- (3) Pinching, shaking, or biting a child;
- (4) Hitting a child with a hand or instrument;
- (5) Putting anything in or on a child's mouth;
- (6) Humiliating, ridiculing, rejecting, or yelling at a child;
- (7) Subjecting a child to harsh, abusive, or profane language;
- (8) Placing a child in a locked or dark room, bathroom, or closet with the door closed; and
- (9) Requiring a child to remain silent or inactive for inappropriately long periods of time for the child's age.

Texas Administrative Code, Title 40, Chapters 746 and 747, Subchapters L, Discipline and Guidance

Texas Department of Child Protective Services

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